





# **BIOGRAPHY**

Dr. Nicole Christian-Brathwaite, MD is a nationally recognized Board-Certified Adult, Child and Adolescent Psychiatrist. Dr. Christian-Brathwaite is the CEO and Founder of Well Minds Psychiatry and Consulting Company, PLLC. Dr. Christian-Brathwaite has expertise in Perinatal and Post-Partum Mental Health, trauma informed care, telepsychiatry, mental health in communities of color, school psychiatry, implicit bias and racism in mental health. She has extensive clinical experience with adults, children, adolescents, transitional and college aged youth.

After graduating from University of Pittsburgh School of Medicine, she joined the Adult Psychiatry Residency Program and then completed fellowship in the Child and Adolescent Psychiatry Fellowship at Massachusetts General/Mclean Hospital. She is the former Medical Director at Riverside Community Care a large community mental health clinic. (PTO) CEO and Founder Well Minds Psychiatry and Consulting Company

**Board of Directors - Post Partum Depression** Fund

Board of Directors - Families for Depression Awareness

**Covid-19 Action Coalition - Disparities Lead** 

American Medical Association: Women's Physician Section 2019 Inspiration Award Nominee

Expert Clinical Consultant to Massachusetts College of Pharmacy, Brigham & Womens Hospital, UMass Medical, Lesley University, William James College, Massachusetts School Administrators Association and numerous other public and private schools districts, universities, hospitals and corporations.

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- FAX: (617) 516 6672

#### **CURRENT CLIENT LIST**

#### **Schools & Universities:**

Boston University - School of Public Health Cambridge School of Weston

Dedham Public School District

Harvard Medical School Kingsley School

Lesley University

Lincoln Public School District

Mass College of Pharmacy & Health Sciences

Milton Public School District

Norfolk Public School District

Phillips Academy - Andover

Phillips Academy - Exeter

Shady Hill School

Somerset Public School District

University of Massachusetts - Worcester

William James College

Westwood Public School District

### **Towns & Cities**

Massachusetts Department of Public Health: Youth Workers Nashua Division of Public Health & Community Services

#### **Medical Institutions**

Brigham and Women's Hospital Children's Mercy Hospital, Kansas Massachusetts General Hospital Riverside Community Care Tufts Medical Center - Psychiatry University of Southern California - OBGYN University of Massachusetts - Worcester

## **Organizations & Community Centers**

Association of Independent Schools of New England (AISNE) Boston Association of Black Journalists, Inc. Department of Elementary & Secondary Education (DESE) Family Life Fellowship Mass Association of Early Childhood Teachers Educators Massachusetts Post-Partum Depression Fund Massachusetts School Administrator Association

Melanin Mass Moms

Let Me Lead

MassSupport

Myrtle Baptist Church

### **Corporations**

**Dunkin Brands** Insight + Regroup The Broad Institute



# **About Dr. Nicole (continued)**

Dr. Christian-Brathwaite's clinical focus is on delivery of mental health care to seriously ill children, adolescents, adults and families both locally and globally. She has traveled extensively and conducted research in Liberia and Ghana, West Africa, as well as Italy. Dr. Christian-Brathwaite has significant experience working with and treating individuals from diverse backgrounds. She has devoted a substantial amount of her medical career to educating the medical and lay community about disparities in mental health, creating cultural formulations, and confronting biases. Dr. Christian-Brathwaite has written about and provided training on Implicit Bias in Medicine and Behavioral Health Care. She specializes in working with educators and schools to reduce stigma, decrease expulsion and suspension rates and improve the overall education of children with mental health needs. Dr. Christian-Brathwaite provides expert consultation, assessment and strategic planning to organizations and hospitals around diversity, cultural humility and disparities. She regularly participates in radio, TV and news interviews and community events about mental health and wellness in African American and other communities.

Dr. Christian-Brathwaite was selected as a member of the inaugural class of the Women's Wellness through Equity and Leadership program, sponsored by the American Psychiatric Association and the American Physician's Foundation. She has given lectures throughout the country on topics such as "Adverse Childhood Experiences in the School Environment", "Prioritizing Self Care", "Anxiety in African American Communities", "Post-Partum Depression in Women of Color", "Implicit Bias in Schools", "Becoming Anti-racist: From Individual to Institutional Change", "Combating Racism in Medicine", "Trauma

# SESSIONS & SEMINARS PRICE LIST AVAILABLE UPON REQUEST



CIRRICULUM DEVELOPMENT

CORPORATE TRAININGS & COACHING

DIVERSITY/INCLUSION ASSESSMENT

KEYNOTE ENGAGEMENTS

1/2 & FULL DAY WORKSHOPS & SESSIONS

PROFESSIONAL DEVELOPMENT PACKAGES RANGE FROM 1-6 SEESIONS 1-2 HOURS EA

